



Your future in football



NVQ Football Coaching Programme

EDUCATION THROUGH SPORT



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COURSES

1st4sport
APPROVED CENTRE

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What is the NVQ Football Coaching Programme?

The NVQ football coaching programme is a two year full time course requiring 10-14 hours tuition per week open to male and female students aged 16-19 years.

The course reflects an ethos, which combines the promotion of sporting excellence with the provision of a range of both vocational and academic qualifications.

In a recent OFSTED report the course was awarded '**Excellent without any weaknesses**'

THE COURSE CONTAINS THREE MODULES:

MODULE 1: **Qualifications**

The first module is devoted to achieving nationally recognised qualifications through the awarding bodies City & Guilds and 1st4sport. Students who successfully complete the two-year course will achieve the following qualifications:

- NVQ Active Leisure
- NVQ Teaching, Coaching and Instructing
- Award in Coaching Studies
- FA Certificate in Coaching Football level 1
- FA Certificate in Coaching Football level 2
- Child Protection certificate
- First Aid award
- FA Referees award

MODULE 2: **Personal development**

The personal development module is an important element to the course, enhancing students coaching abilities through active participation which is essential to becoming an effective coach.

- Small-sided matches
- Phases of play
- Individual skill development
- Knowledge of tactics
- Sport specific fitness training
- Development trips to professional football clubs
- Matches against American college teams

MODULE 3: **Work Related Learning**

The third module enables students to gain work related experience within schools and football clubs teaching, coaching and instructing children aged 4-16 years. This particular module will develop students with a practical understanding of how to relate coaching topics to children and the importance of child care.

- Teaching & coaching children
- Refereeing matches
- Child care responsibilities
- Communication skills
- Course administration
- Planning & evaluating sessions



Who delivers the course?

Soccer Coaching Limited (SCL) is responsible for the delivery and management of the programme. Due to the expertise required to deliver the course SCL are the only local company offering this full time football coaching programme.

All SCL tutors are FA coach educators and NVQ assessors who currently coach or have experience coaching at professional football clubs.

Which colleges offer this course?

SCL deliver the NVQ football coaching programme in conjunction with selected sixth form colleges. Please contact us for a list of colleges in your area.

Do I need to buy uniform for the course?

Yes, during your interview you will be given an order form to be completed and returned before the start of the course.

How is the course delivered?

A high percentage of the course is practical based however there will be a theory element due to the portfolio building for the NVQ and Award in Coaching Studies qualifications.

Is the course right for you?

The course is suitable for anyone interested in pursuing a career within teaching, coaching and instructing children and adults through sport, in particular football.

What are the entry requirements?

There are no formal entry requirements for the course however you must meet the following criteria:

- Have an interest and basic understanding of football
- Maintain a basic level of personal fitness
- An ability to work with others in a team environment
- A willingness to learn
- Be punctual & maintain a smart appearance

Why choose this course?

The course will qualify you to become the next generation of football coaches, allowing you to expand your employment opportunities both in the UK and abroad, most noticeably coaching placements in America.

The course is designed to give maximum flexibility based on your particular needs and the length of time you wish to study. Options exist to study a selection of the qualifications over just one year or alternatively all of the coaching qualifications delivered over two years.

What other courses can I choose?

Each Individual college offers a selection of courses which could compliment the NVQ football coaching programme. This will be discussed with you during your personal interview.





YOUR FUTURE

Successful completion of the course could lead to further study or employment opportunities such as:

Further Education

- Leads into coaching management qualifications
- NVQ assessor within Sport & Leisure
- Higher coaching qualifications

Employment

- Coaching opportunities in America, Asia & Europe
- Part time coaching for professional football clubs
- Full time coaching with private companies
- Delivery of sports curriculum within schools
- Referee at local and senior level

For more information

Please contact Lewis Field on 0845 644 5747 or email: enquiries@scl-online.co.uk



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